



No. 29/2017

TO UEFA MEMBER ASSOCIATIONS

For the attention of  
the President and the General Secretary

TO CLUBS PARTICIPATING IN UEFA COMPETITIONS

Your reference	Your correspondence of	Our reference KCDAD/tho	Date 2 June 2017
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### **Anti-doping and medical pre-season information letter**

Dear Sir or Madam,

In advance of the new season, I am writing to inform you about several aspects of UEFA's anti-doping and medical programmes that need to be communicated to players and relevant staff at your association and clubs.

Enclosed with this letter are green and blue folders which contain anti-doping prevention leaflets to be distributed to all players.

**It is the responsibility of your association to provide one green "Anti-Doping" folder to each of your national teams and one blue "Anti-Doping" folder to each of your clubs that has qualified for one of the 2017/18 UEFA club competitions (UEFA Champions League, UEFA Europa League, UEFA Women's Champions League or UEFA Futsal Cup).**

### **Anti-doping**

#### **Doping controls**

UEFA conducts doping controls in all its competitions. In addition to UEFA doping controls, players must be aware that doping controls may be conducted by national anti-doping organisations (NADOs) or by FIFA. UEFA aims to coordinate its doping controls as much as possible with these other organisations, and has signed collaboration agreements with almost 30 European NADOs in this regard. Nevertheless, teams and players may be tested several times in quick succession, either randomly or targeted for a specific reason.

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## **Responsibility**

Given the disciplinary consequences that a player may face in the event of an anti-doping rule violation, we strongly recommend that clubs and associations take all necessary measures to ensure the adequate circulation of anti-doping information to all those who may require it, at all levels of the club/association.

In addition, we recommend that both national team and club doctors organise anti-doping information sessions for medical staff, other team staff and players.

## **Players' leaflet**

For many years UEFA has distributed an anti-doping leaflet to teams participating in its competitions. This leaflet provides easy-to-understand information about the risks of doping, and helps teams to organise anti-doping information sessions for their players and staff. The leaflet exists in seven languages: English, French, German, Italian, Portuguese, Russian and Spanish. Thirty leaflets in the relevant language are enclosed with this letter.

As stated in the leaflet, all players must be fully informed of doping control procedures, anti-doping rule violations, the safe use of medication and the risks involved in taking any form of medication, food supplement or social drug. Players must also be informed that doping controls can be carried out at any time, both in- and out-of-competition, and that blood and/or urine samples may be requested.

If you need additional players' leaflets or copies in other languages, please do not hesitate to contact the UEFA anti-doping and medical unit at [antidoping@uefa.ch](mailto:antidoping@uefa.ch).

## **Use of open draws to select players for in-competition doping controls**

At matches where players are selected for doping controls by means of a draw, the draw has until now generally been conducted at half-time in the doping control station. Team representatives were required to be present at the draw and again 15 minutes before the end of the match (10 minutes before at futsal matches), when the results of the draw were revealed.

This procedure will now change. From the start of the 2017/18 season, UEFA will apply an 'open draw' procedure at matches (as done on some occasions in 2016/17). This means that there will no longer be draws at half-time. Instead, all draws will be conducted 15 minutes before the end of the match (10 minutes before at futsal matches) and the results will be known immediately.

As a rule, the UEFA doping control officer (DCO) will continue to meet the team representatives before kick-off to inform them that there will be a doping control and to explain the draw process and doping control procedure, but the team representatives will no longer have to go to the doping control station at half-time. In addition, their presence at the new open draw will not be mandatory. If either or both of the team representatives is not present at the draw, the DCO will contact them afterwards and provide them with the names of the players selected for the doping control.

Team representatives will continue to receive a copy of the form indicating the players and reserve players selected for the doping control, and remain responsible for helping the DCO to notify the selected players and accompanying them to the doping control station.

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The aim of the new procedure is to make things quicker and easier, and to disrupt team representatives as little as possible.

In addition to randomly selecting players by means of an open draw, UEFA will continue to conduct target testing. Teams will be informed of the identities of any players being targeted at the same time as they are informed of any players drawn to be tested.

### **UEFA Anti-Doping Regulations, edition 2016**

We wish to remind you of some points regarding the UEFA Anti-Doping Regulations, edition 2016.

#### Delegation of testing to NADOs – Article 6

There may be some occasions where UEFA, for practical reasons, may have to ask a NADO to test a player on its behalf. Should this be the case, UEFA would remain the body with the authority for the results management of the sample. Vice versa, it is also possible for UEFA to conduct tests on behalf of a NADO and for the NADO to retain the results management authority.

#### Instructions to organisers of UEFA matches – Appendix A

Only water may be provided to players in the doping control station by match organisers. “Non-alcoholic” beer and “caffeine-free” soft drinks may no longer be provided as there is no guarantee that such drinks are 100% free of alcohol or caffeine. As in the past, should a player wish to have food or drinks other than water in the doping control station, they must ask their team to provide it, and they consume it at their own risk. Smoking and the consumption of alcohol are not allowed in the doping control station.

### **Therapeutic Use Exemptions (TUEs)**

UEFA’s rules and procedures governing TUEs, which are harmonised with those of FIFA, have not changed since last season. Players who are participating in UEFA competitions or in senior international (national A team) friendly matches and have to use a prohibited substance or method for therapeutic purposes must request prior authorisation from UEFA by means of a UEFA TUE application form.

The TUE application form must be completed and signed by the player and their doctor, and then sent with a complete file of medical evidence to the UEFA anti-doping and medical unit (confidential fax number +41 22 990 31 31 or email address [antidoping@uefa.ch](mailto:antidoping@uefa.ch)). Forms must be sent to UEFA only, not to NADOs. Except in cases of medical emergency, doctors must not administer a prohibited substance or use a prohibited method unless a TUE has been granted by UEFA.

TUEs granted by FIFA are automatically valid for UEFA competitions. However, TUEs granted by NADOs are not valid for UEFA competitions unless they have been recognised by UEFA. In accordance with Article 4.4.3 of the World Anti-Doping Code, the UEFA TUE Committee recognises TUEs granted by NADOs to players who were not participating in a UEFA competition at the time, provided that the following three conditions are all fulfilled:

- the NADO followed the UEFA criteria for granting a TUE, in particular with regard to asthma treatment;

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- the UEFA anti-doping and medical unit is provided with a copy of the original application form and all medical information submitted to the authorising body (both translated into one of UEFA's official languages if necessary); and
  - the UEFA TUE Committee confirms that the application complies with the UEFA TUE rules and requirements (which are the same as the FIFA and WADA rules).

Please read the relevant enclosures carefully for more detailed information concerning TUEs.

Players participating in youth-level international friendly matches (i.e. any national youth team up to and including Under-21s) must apply to their NADO for a TUE, and not to UEFA.

TUE applications for prohibited beta-2 agonists categorised as such in the WADA Prohibited List and usually used for asthma conditions must include a complete medical file meeting the requirements set out in the Guide to the WADA Prohibited List and TUEs.

Please note that intravenous infusions and/or injections of more than 50mL per six-hour period are prohibited and therefore require a TUE (with the exception of those legitimately received in the course of hospital admissions, surgical procedures or clinical investigations). This is the case even if the liquid infused or injected does not contain any prohibited substance, since it is the method that is prohibited.

### **Anti-doping section of UEFA.org**

All documents related to anti-doping matters (UEFA Anti-Doping Regulations, edition 2016; 2017 WADA Prohibited List; WADA summary of modifications made to 2016 WADA Prohibited List, Guide to the WADA Prohibited List and TUEs; TUE application form; UEFA Circular 69/2016 concerning the 2017 WADA Prohibited List and players' leaflets) and any other relevant anti-doping information may be downloaded in several languages from the dedicated anti-doping section of UEFA.org at:

[www.uefa.org/protecting-the-game/anti-doping/index.html](http://www.uefa.org/protecting-the-game/anti-doping/index.html)

### **Medical**

#### **UEFA minimum medical requirements**

The UEFA minimum medical requirements (MMRs) remain the same as last season. Host clubs and associations are reminded of the importance of ensuring that medical staff and ambulances are in position in good time (paragraphs 13.02 and 14.01 of the UEFA Medical Regulations). Please note that failure to have them present when required may result in referral of the club/association to UEFA's disciplinary bodies.

#### **Medical section of UEFA.org**

The 2014 edition of the UEFA Medical Regulations and Guide to Minimum Medical Requirements are available to download in several languages from the dedicated medical section of UEFA.org:

[www.uefa.org/protecting-the-game/medical/index.html](http://www.uefa.org/protecting-the-game/medical/index.html)

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Should you have any queries or require additional information regarding the UEFA Anti-Doping Regulations, please contact Caroline Thom (caroline.thom@uefa.ch). For TUE matters and medical matters, please contact Richard Grisdale (richard.grisdale@uefa.ch). General queries can be addressed to antidoping@uefa.ch or medical@uefa.ch.

Yours faithfully,

**U E F A**



Theodore Theodoridis  
General Secretary

Enclosures

- 30 players' leaflets

cc (with enclosures)

- UEFA Executive Committee
- UEFA Medical Committee
- UEFA Anti-Doping Panel
- UEFA Doping Control Officer Panel
- European members of the FIFA Council
- FIFA, Zurich